



Dear Parents/Guardians,

This letter is to inform you about a recent occurrence of head lice within our school community. While head lice are a common occurrence in schools, we believe it is important to address this issue promptly and transparently to ensure the health and well-being of all our students.

Head lice are tiny insects that infest the scalp and hair, causing itching and discomfort. They are easily spread through close head-to-head contact and by sharing personal items such as hats, hairbrushes, and headphones. Contrary to popular belief, head lice are not a sign of poor hygiene and can affect anyone, regardless of cleanliness.

As a proactive measure, we encourage all parents/guardians to take the following steps to prevent the spread of head lice:

1. **Regular Checks:** Please check your child's scalp and hair regularly for signs of head lice, such as itching or visible nits (lice eggs). Early detection is key to preventing further spread.
2. **Avoid Sharing Personal Items:** Remind your child to avoid sharing personal items that come into contact with the hair, such as hats, hairbrushes, hair accessories, and headphones.
3. **Educate Your Child:** Teach your child about the importance of not sharing personal items and maintaining good hygiene practices to prevent the spread of head lice.
4. **Treatment if Necessary:** If head lice are detected, please seek appropriate treatment promptly. Over-the-counter lice treatments are available, and healthcare professionals can provide guidance on the most effective options for your child.
5. **Notify the School:** If your child is diagnosed with head lice, please notify the school so that we can take necessary precautions to prevent further spread. All information will be kept confidential.
6. Please check our head lice policy for more details. [Head lice policy](#)

We understand that dealing with head lice can be stressful for families, and we want to assure you that we are here to support you every step of the way. If you have any questions or concerns, please don't hesitate to reach out to us.

Thank you for your cooperation in helping us maintain a healthy learning environment for all our students.

Best Regards, The German School Health office